



Presenters:

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Career Counsellor, Jiva Project, The Promise Foundation

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Language: English

Type of Presentation: Workshop

About Presenters:

Dr. Gideon Arulmani is a clinical psychologist with an M.Phil in Medical and Social Psychology and a doctoral degree in Career Psychology from the University of Portsmouth (UK). He is the Founder and Managing Trustee of The Promise Foundation, headquartered in Bangalore, India. Gideon is presently leading the Jiva Project that addresses capacity building for career psychology in the Indian / developing world context.

Sajma Aravind holds a Master's degree in Clinical and Counselling Psychology from SDM College, Karnataka, India. She currently works as a career counselor in The Promise Foundation. She had been actively involved in working with children during her post graduation. Her research interests are in the area of Cognitive Psychology.

Vijo Jose Kanattu holds a Master's degree in Social Work and an M Phil degree in Career Counselling and Livelihood Planning. He has been involved in community work, and has experience in working with children, and youth. He is a life member of Indian Council of Social Welfare (ICSW). Currently, he is working with The Promise Foundation, Bangalore (India) and part of Jiva team.

Sachin Kumar holds a Master's degree in Geography and an M Phil degree in Career Counselling and Livelihood Planning. He started his career from Indian Military Academy, Dehradun (India) and then worked as a Lecturer in Geography in different government colleges. He is a life member of Indian Society of Training & Development and an office bearer in the governing council of Indian Association of Career and Livelihood Planning. He is currently working with The Promise Foundation, Bangalore (India) as a Manager of Jiva project.

Esther Sailo has an Mphil degree in Psychology, with an area of interest in Family and Child Psychology. She started her work with children, related to child health care awareness, three years ago in Delhi, India. Now she is working as a career counselor in The Promise Foundation, with the Jiva Project and hope to contribute more in the field of Career Psychology in India.

Jayashree Vyasrajan holds a Bachelor's degree in Computer Science and Engineering. To satiate the passion of working with human beings, she shifted to Behavioral Sciences. She has been trained in Montessori Teacher Training education and worked as Instructional Designer developing Computer Science Textbooks for Primary School Students. She also holds an MPhil degree in Career Counselling and Livelihood Planning and is presently part of Jiva team.

Title of Paper: Career, a celebration of Life: The Jiva approach to career counselling and livelihood planning

Abstract:

“Jiva”, is an approach to career counselling and livelihood planning that views career as an extension of life. The method has distilled The Promise Foundation's 15 years of experience and has developed a comprehensive programme that blends culture with contemporary life and quantitative with qualitative approaches to career counselling in an attempt to ensure that career counselling resonates with the felt career development needs of young people. Please click here for more information about the [Jiva Project](#)

The Jiva workshop package, will be conducted by The Promise Foundation's Master Career Counsellors (MCCTs). The package comprises 3 sessions that will be conducted on different days during the course of the conference. Each workshop session will be delivered within the following framework:

- Approach: Jiva MCCTs discuss the theory underlying the Jiva Approach.
- Skills Exposure: Demonstration of specific Jiva methods.
- Discussion: Opportunity for workshop participants to involve in a discussion, where the outcome could be:
 - Adapt the Jiva model in other cultural settings.
 - Provide critical feedback about the Jiva approach.



Workshops sessions will cover the following:

- Theory and data that informs the Jiva approach.
- Philosophic underpinnings of the Jiva approach.
- Career beliefs and social cognitive environments.
- Teaching-Learning-Material: An overview of the Jiva Kit.
- The Jiva approach to group career counselling.
- Techniques to promote self-understanding.
- The Jiva method of assessment for career counselling.
- The rationale of the classification of occupational information.
- Techniques to promote understanding of the world of work.
- Plotting career paths.

Note: Each workshop session can accommodate a maximum of 30 individuals. Kindly email us at promise@vsnl.com to reserve your seat in the sessions.