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About the Presenter:

Mrs. Archana Jain completed her graduation and Masters Program in Human Development from Nirmala Niketan College of Home Science. She is an Assistant Professor from the faculty of Human Development at SVT College of Home Science, SNDT Women's University, Mumbai. She has been teaching and guiding adolescent students from the past 15 years and has witnessed remarkable changes in their attitudes, aspirations and environment. She has been taking courses on Current Issues Related to Adulthood, Guidance & Counselling, and Assessment amongst others. She has been conducting workshops on developmental concerns in the area of vocational development counseling, Parenting amongst others. She has also done researches on "Globalization- Work Conditions and Its Impact on Individual and Family Life", "Caregivers Stress". She has also presented papers at various National & International Conferences.

Title of Paper: **Second Careers: An eventual need in today's world**

Abstract:

Today's market forces are constantly undergoing change. Professional opportunities of today may not necessarily be in demand within a few years or even months. Excessive competition and ever changing work environment can lead to disillusionment among many adults in terms of their aspired professional goals and dreams. There is an urgent need to prepare the adults for the future challenges, even those who are happy with their current careers. Recognition of the sign of the current profession losing its significance is as important as preparing for the second career. Career Guidance and Counselling professionals can play a very vital role in ensuring lifelong happiness and satisfaction among working adults.