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Language: English
Type of Presentation: Poster

About the Presenter:

John Liptak has over 25 years of experience in providing career counseling services to individuals and groups in a variety of settings including job training programs, correctional institutions, and colleges and universities. He is currently working as the Associate Director of Career Services at Radford University. Dr. Liptak's theories about constructing careers and developing spiritual calls have been featured in numerous newspaper articles, on MSNBC and CNN Radio, and on the PAX/ION television series, "Success Without a College Degree." John has had thirteen career assessments, 12 emotional intelligence workbooks, and four books published. John is interested in the integration of spirituality into the career counseling process. His latest book, 2012: Catalyst for your Spiritual Awakening, describes a system based on Mayan spirituality that can be used by career counselors to help people listen for, identify, and implement spiritual calls in life. You can visit John on the Internet at www.johnliptakjr.com.

Title of Paper: **Spiritual Calls Coaching: A Model for Integrating Spirituality in Career Counseling**

Abstract:

Liptak (2008) suggested that job satisfaction statistics suggest that traditional career counselling is not working very effectively, largely because career counselors primarily focus on helping clients find jobs and develop their careers. Spirituality is an aspect that has long been missing from career counseling theories and practices. This poster presentation will describe a "Spiritual Calls Coaching" model that vocational and educational guidance counselors can use to help their clients begin to explore the occupations and leisure activities to which they are being called. Liptak (2009) defines spiritual callings as the vocational and leisure activities where the uniqueness of our clients meet the needs of the world.



This presentation introduces participants to the notion that clients are spiritual beings who bring with them a unique spiritual core, are a specific spirituality type, and exhibit a personal energy pattern. By helping clients to understand their spiritual nature, career practitioners can help their clients be more prepared to truly enjoy Extended Spiritual Experiences through work and leisure activities. I am proposing that spirituality can be used as a framework for more effectively working with clients in career counseling situations.

Objectives: The objectives of this poster presentation are to help educational and vocational guidance counselors:

1. Become more aware of the importance of exploring, defining, and nurturing spirituality with their clients or students. Participants will learn more about the connection between spirituality and success in the career counseling process.
2. Become more aware of a spirituality system that can be used to help clients and students organize their lives and careers.
3. Become more aware of the functions, tools, and techniques of spirituality as it applies to the world-of-work and career and life development.
4. Explore the concept of spirituality as a forgotten aspect of career counseling. A model will be illustrated that views spirituality as a framework for providing career counseling services.
5. Understand the importance of spiritual energy as it applies to various occupations.